

First Steps: St Michael's Way: Community art project

Bringing communities together to celebrate the heritage themes behind this pilgrim route.



You are invited to a public event at All Saints Church Hall in Marazion to celebrate the Feast of St James with Friends of St Michael's Way and Tough Dough artists.

Children at Marazion School and Shallal Company have been making processional artwork, costumes and flags for the celebratory day on the 23rd July 1-4pm.

Join us and find out more about the walk or share stories and information about this important route. Tough Dough artists are planning to run art workshops on the day for families and will be providing refreshments for all.

During the day Friends of St Michael's Way will complete the walk from Lelant to Marazion and join the celebration and a joint procession onto the beach to mark the Feast of St James.

Offer for the day: Gain free entrance to Marazion Museum by collecting free passes from Tough Dough at the art workshop.

This event is for people of all faiths and beliefs. For more information on this project go to: www.facebook.com/toughdough or <http://www.toughdough.co.uk>

To Find out more about Friends of St Michael's Way and their programme of events go to: <http://www.stmichaelsway.net>



St Michael's Way is a 12.5 mile / 19.5 km pathway (recently re-established as part of El Camino de Santiago, Europe's premier pilgrimage route) which stretches from the Hayle Estuary to Mount's Bay in West Cornwall. Since at least 2000 BCE it has

been one of the principal routes linking Britain and Ireland to the Continent, North Africa and the Near East. Prehistoric tin traders, Celtic saints and modern travellers have used it to avoid the perilous waters around Land's End and to exchange goods and ideas. It is lined with megalithic monuments, Celtic forts, ancient churches and wells, industrial archaeology of the mining and metalworking heritage which underpinned international industrial development, and culminates at the evocative castle on St Michael's Mount.

Tough Dough is a Community Interest Company. Tough Dough artists have been delivering creative projects in the community for 10 years. Together Tough Dough and Friends of St Michael's Way will celebrate this vibrant route and its historic and natural landmarks and promote understanding of its significance and benefits for health, cultural creativity, historic and contemporary identity and well-being. It is hoped that this event will be a kick starter for a major Heritage Lottery funded project lead by Tough Dough working with communities, schools and other groups and organisations in the area.

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The Walk: The pilgrimage walk in celebration of the Feast of St James which will be led by the Bishop of St Germans, the Rt Revd Chris Goldsmith, will offer a Christian response to St Michael's Way and will include prayers and readings.

Walkers are invited to arrive for 9.00 am at St Uny Church, Lelant for coffee and croissants and everyone will set off at 9.30 am. During the walk there will be a break when drinks will be available but participants should bring their own picnic and water/drink. On arrival in Marazion the walkers are invited to join the First Steps group for refreshments before processing together across the Causeway to the Mount.

St Michael's Way is approximately 12 miles in length so please ensure that you are fit enough to walk the distance and wear sturdy footwear as the ground is rough in places and there are some stiles. All walkers walk at their own risk. Please bring a small first aid kit and secateurs. Please note, that for safety reasons, dogs are not allowed on the walk.

If the walk is cancelled due to bad weather and/or poor ground conditions this will be notified via the website.

For further details about the walk and for information about the summer programme of events for St Michael's Way: a Celebration please see www.stmichaelsway.net